

Daily Learning Planner

*Ideas parents can use to help children
do well in school*

Santa Rosa District Schools
ESE/Student Services



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- ☐ 1. Help your child locate the places his ancestors came from on a map.
- ☐ 2. Good report card? High grade on a test? Make your achiever "King or Queen for a Day."
- ☐ 3. Sit in the grass with your child. How many creatures can you find that make their homes in the ground?
- ☐ 4. Think of some "what if" questions to ask your child: What if we walked on our hands? What if cats could talk?
- ☐ 5. Create a special holiday just for your family.
- ☐ 6. It's National Physical Fitness and Sports Month. Enjoy a new fitness activity you can do together as a family.
- ☐ 7. Challenge each family member to bring an interesting fact to dinner.
- ☐ 8. Encourage your child to write a thank-you to a favorite teacher.
- ☐ 9. When you watch TV with your child, ask questions: Why did that person do that? Would you do that?
- ☐ 10. Find a new way to say "I love you"—in sign language or in secret code.
- ☐ 11. Have each family member make a list of personal strengths. Read them aloud. Add to one another's lists.
- ☐ 12. Celebrate National Bike Month by having your child review the "rules of the road."
- ☐ 13. With your child, pretend you are in an opera. Sing everything you say to each other today.
- ☐ 14. Ask your child to describe the most beautiful place she has ever seen.
- ☐ 15. Talk with your child about mistakes. How can people learn from their mistakes?
- ☐ 16. Learn a new card game with your child.
- ☐ 17. Make sculptures of each other out of clay.
- ☐ 18. Help your child pick some flowers (with permission) or pretty weeds and give a bouquet to someone special.
- ☐ 19. How many times can your child jump rope? Hold a contest.
- ☐ 20. With your child, learn where your town gets its water.
- ☐ 21. At the grocery store, have your child compare two sizes of the same product. Which is the better buy?
- ☐ 22. Write an encouraging note and tuck it in your child's pocket.
- ☐ 23. Help your child find out what's inside a seed. Soak a dry bean overnight, remove the coats and pull the halves apart.
- ☐ 24. Ask your child to predict the results of flipping a coin 10 times. Try it and see if he's right.
- ☐ 25. Talk about things that used to be hard for your child that are easy now.
- ☐ 26. Have an outdoor adventure day. Visit a zoo, playground or park.
- ☐ 27. Talk with your child about the importance of reading all summer long. Mark library days on your calendar.
- ☐ 28. Plan a picnic with your child.
- ☐ 29. Look for summer programs that your child might enjoy.
- ☐ 30. Review your child's list of goals for this school year. Did she accomplish what she wanted? Make some goals for next year.
- ☐ 31. Talk about what your family could do to help others this summer.

Helping Children Learn
Tips Families Can Use to Help Children Do Better in School

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